

**MODESTO
FOOTBALL
2009**

April 2009

“IT’S ALL ABOUT THE BALL!”

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5 <i>AAU “Penny” Camp</i>	6	7	8	9	10 <i>Spring Break</i>	11
12	13 <i>Spring Break</i>	14 <i>Spring Break Strength & Condition- ing — 9:00</i>	15 <i>Spring Break</i>	16 <i>Spring Break Strength & Condition- ing — 9:00</i>	17 <i>Spring Break Strength & Condition- ing — 9:00</i>	18
19 <i>AAU “Penny” Camp 2:00</i>	20 <i>Strength & Condition- ing — 2:30 AAU—5:30</i>	21 <i>Strength & Condition- ing — 2:30</i>	22	23 <i>Strength & Condition- ing — 2:30</i>	24 <i>Strength & Condition- ing — 2:30</i>	25 <i>SPRING FLING</i>
26 <i>AAU “Penny” Camp 2:00</i>	27 <i>Strength & Condition- ing — 2:30 AAU—5:30</i>	28 <i>Strength & Condition- ing — 2:30</i>	29	30 <i>Strength & Condition- ing — 2:30</i>		

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May 2009

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Strength & Conditioning — 2:30</i>	2
3	4 <i>Strength & Conditioning — 2:30</i> <i>AAU—5:30</i>	5 <i>Strength & Conditioning — 2:30</i>	6	7 <i>Strength & Conditioning — 2:30</i>	8 <i>Strength & Conditioning — 2:30</i>	9
10 <i>AAU 2:00</i>	11 <i>Strength & Conditioning — 2:30</i> <i>AAU—5:30</i>	12 <i>Strength & Conditioning — 2:30</i>	13	14 <i>Strength & Conditioning — 2:30</i>	15 <i>Strength & Conditioning — 2:30</i> <i>Elite 11 QB—CAL</i>	16 <i>NIKE Combine</i> <i>Oakland—Laney College</i>
17 <i>Nike Training Camp</i> <i>Stanford Univ.</i>	18 <i>Spring Practice</i> <i>2:20</i>	19 <i>Spring Practice</i> <i>2:20</i>	20 <i>Spring Practice</i> <i>2:20</i>	21 <i>Spring Practice</i> <i>2:20</i>	22 <i>Spring Practice</i> <i>2:20</i>	23 <i>Los Banos Passing</i> <i>Tournament 9am</i>
24	25 <i>Memorial Day—No School</i>	26 <i>Spring Practice</i> <i>2:20</i>	27 <i>Spring Practice</i> <i>2:20</i>	28 <i>Spring Practice</i> <i>2:20</i>	29 <i>Spring Practice</i> <i>2:20</i>	30
31						

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June 2009

“IT’S ALL ABOUT THE BALL!”

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <i>Finals</i>	3 <i>Finals</i>	4 <i>Finals</i> <i>Last Day of School</i>	5 AAU—3:00	6 <i>Laney College Pass- ing Tournament</i>
7	8 AAU/Strength & Con- ditioning —3:00 7 on 7—5:30	9 AAU/Strength & Con- ditioning —3:00	10	11 AAU/Strength & Con- ditioning —3:00 7 on 7—5:30	12 AAU—9am	13 <i>Hoover Passing Tour- nament</i>
14	15 AAU/Strength & Con- ditioning —3:00	16 AAU/Strength & Con- ditioning —3:00	17	18 AAU/Strength & Con- ditioning —3:00	19 <i>Linemen Camp— UOP</i> 7 on 7 @ Downey 9am	20 <i>UOP Line Camp</i>
21 <i>Stanford QB Academy</i> <i>UOP Line Camp</i>	22 <i>Stanford QB Academy</i> AAU/Strength & Con- ditioning —3:00	23 AAU/Strength & Con- ditioning —3:00 7 on 7 @ Ceres 5:30	24	25 AAU/Strength & Con- ditioning —3:00	26 <i>Nipomo Passing</i> <i>Tournament (?)</i> 7 on 7 @ Downey 9am	27 <i>Downey Passing</i> <i>Tournament (JV)</i> <i>Nipomo Passing</i> <i>Tournament</i>
28	29 AAU/Strength & Con- ditioning —3:00	30 AAU/Strength & Con- ditioning —3:00 7 on 7 v. Ceres 5:30				

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July 2009

“IT’S ALL ABOUT THE BALL!”

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>Fireworks</i>	2 <i>Fireworks AAU/Strength & Con- ditioning —3:00</i>	3 <i>Fireworks AAU—9am 7 on 7 @ Downey 9am</i>	4 <i>Fireworks</i>
5	6 <i>AAU/Strength & Con- ditioning —3:00</i>	7 <i>AAU/Strength & Con- ditioning —3:00 7 on 7 vs. CV/Beyer/ Riverbank 5:30</i>	8	9 <i>AAU/Strength & Con- ditioning —3:00 7 on 7 @ CV 5:30</i>	10 <i>AAU—9am 7 on 7 @ Downey 9am</i>	11 <i>MJC Passing Tourna- ment</i>
12	13 <i>AAU/Strength & Con- ditioning —3:00 Camp Prep</i>	14 <i>AAU/Strength & Con- ditioning —3:00 7 on 7 @ Riverbank 5:30</i>	15	16 <i>AAU/Strength & Con- ditioning —3:00</i>	17 <i>AAU—9am 7 on 7 @ Downey 9am</i>	18
19	20 <i>Football Camp</i>	21 <i>Football Camp</i>	22 <i>Football Camp</i>	23 <i>Football Camp</i>	24	25 <i>Dead Period Begins</i>
26	27 <i>AAU/Strength & Con- ditioning —3:00</i>	28 <i>AAU/Strength & Con- ditioning —3:00</i>	29	30 <i>AAU/Strength & Con- ditioning —3:00</i>	31	

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August 2009

“IT’S ALL ABOUT THE BALL!”

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>AAU/Strength & Conditioning — 6am</i>	4 <i>AAU/Strength & Conditioning — 6am</i> <i>Parent Night @ MHS</i>	5 <i>Physicals</i>	6 <i>AAU/Strength & Conditioning — 6am</i>	7	8
9	10 <i>AAU/Strength & Conditioning — 6am</i>	11 <i>AAU/Strength & Conditioning — 6am</i>	12	13 <i>AAU/Strength & Conditioning — 6am</i>	14 <i>Golf Tournament</i>	15
16	17 <i>First Practice 2-6</i>	18 <i>Practice 2-6</i>	19 <i>Practice 2-6</i>	20 <i>Practice 2-6</i>	21 <i>Practice 2-6</i>	22 <i>Practice 8-3</i>
23	24 <i>Practice</i> <i>First Day of School 2-6</i>	25 <i>After School Practices 2-6</i>	26	27	28	29 <i>Practice 8-3</i> <i>Modesto Football night at the NUTS</i>
30	31					

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September 2009

“IT’S ALL ABOUT THE BALL!”

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 <i>Scrimmage?</i>	4	5 <i>Scrimmage @ St. Mary's</i>
6	7 <i>Labor Day Pictures followed by practice</i>	8	9	10	11 <i>@ Stagg</i>	12 <i>Morning film and practice Fresno State v. UC Davis @ Fresno</i>
13	14	15	16	17	18 <i>Sonora @ MJC</i>	19 <i>Morning film and practice</i>
20	21	22	23	24	25 <i>Turlock @ Downey</i>	26 <i>Morning film and practice</i>
27	28	29	30			

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October 2009

“IT’S ALL ABOUT THE BALL!”

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**MODESTO
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November 2009

“IT’S ALL ABOUT THE BALL!”

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					